

Healthy Harvest® Pasta Sauce Quick n' Easy Bruschetta

Preparation Time: 5 minutes
Cooking time: 10 minutes
Servings: 12



Snacks for last-minute guests have never been so easy or so tasty.

Ingredients

1 jar (570 mL)	Healthy Harvest® Pasta Sauce Olive and Basil, warmed
1	baguette
2 tbsp (30 mL)	olive oil
3/4 cup (175 mL)	crumbled feta cheese
1 tsp (5 mL)	dried oregano leaves

Instructions

1. Preheat the broiler to high. Cut the baguette into about 24 slices. Brush both sides with olive oil and arrange on a baking sheet. Broil for 2 minutes per side or until lightly toasted.
2. Spoon pasta sauce over each slice and sprinkle with feta. Broil for 1 minute or until feta is lightly browned. Sprinkle with oregano before serving.

Tip: Top with a variety of cheeses such as crumbled goat cheese or shaved parmesan.

Nutritional Information per serving:

82 calories, 2.5 g fat, 1 g saturated fat, 6.3 mg cholesterol, 141.5 mg sodium, 8 g carbohydrates, 0.5 g fibre, Sugar 1g, 2.5 g protein. .

